

**Lenten Studies:** This year our Lenten Bible study will begin on Friday 19 February from 11.00 am to 12.00 noon. The zoom link and sign in code are as follows: <https://us02web.zoom.us/j/81482279764>. Sign in code: **814 8227 9764**. These will also be posted on our Facebook and Twitter pages. Help will be on hand at the first meeting for all those not familiar with zoom.

**Third World Group Ash Wednesday Appeal:** As the churches are closed, the annual appeal for funds to send to the two sisters in Africa who depend on our help, will hopefully reach you and any contacts you have not online. Donations can be made directly to the St Brides Third World Group Bank Account at: The Bank of Scotland, Sort Code: 80 06 64, Account No: 00873793. Money and cheques can be handed in to the Chapel House marking the envelope 'Ash Wednesday'. All donations will be a lifeline to our local Salesian sister Eleanor Gibson in Nairobi for the women and street children, and to Franciscan Missionary Sister Eunice who is in Mutare Zimbabwe helping youth projects, and running a basic home for abandoned elderly people. We know this is a difficult time for everyone, but we also know we can depend on your generosity as always. Bless you.

**A Post Covid Church:** The Diocese is hosting a series of three Zoom meetings to share our experience of and hopes for the Church in light of the present health emergency. Please see the Parish Facebook and Twitter pages for further information.

**Club 200:** This week's £60 winner is **George Henshilwood**. Please contact Fr Rafal for details on how to collect your cheque.

The Current Parish Loan stands at £294,349.34.

**Collections During the lockdown:** Offerings, cheques, gift aid envelopes can be posted to the Church or through the door of the Chapel House. Alternatively, offerings can be made by bank transfer, the details of which are as follows: St Brides, Sort Code: 82-62-24, Account Number: 40500017. Thank you for any support and generosity during this difficult time. During the period between 4 January and 1 February the collections/donations handed to church and Chapel House amounted £1,395.00 of which £995.00 was gift aided. Thank you.

**SSVP:** During the pandemic you may wish to make any donations to St Bride's SSVP via bank transfer. Details: Bank: Clydesdale Bank, E.K. Town Centre; Account Name: SSVP MW 05015; Account Number: 20538417; Sort Code: 82 62 24.

**Anniversaries:** John and Nora Quinn, Anne McGhee, Tim Thomson, Cathie McGregor, Frank Corrigan, Mary McGowan, LeeAnn Gemmell (5th Anniversary).

**Recently Dead:** Margaret Macdonald, May McLaughlin.

*May their souls and the souls of all the faithful departed,  
through the mercy of God, rest in peace. Amen.*



## **St Bride's RC Church East Kilbride**

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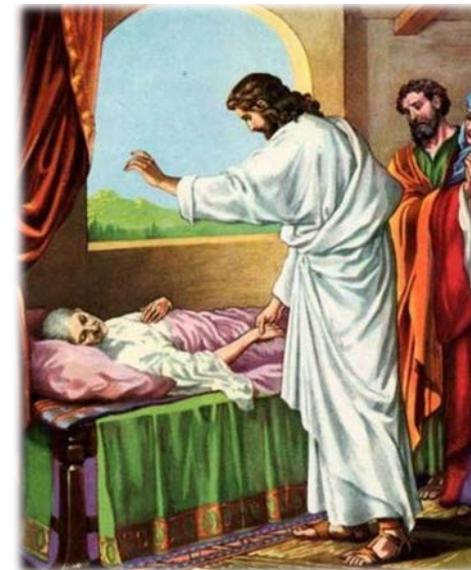
Administrator: Father Rafal Sobieszuk

Deacon: Rev. Michael Ross

Hall Bookings: Daniel Martin: [hall@sbek.org](mailto:hall@sbek.org)

**Sunday 14 February 2021**

**6<sup>th</sup> Sunday – Year B**



### **Masses**

Monday - Saturday 10.00 am

Saturday 6.00 pm Vigil Mass

Sunday 9.30 am, 11.30 am and 6.00 pm.

### **Holy Hour**

Thursday evenings 7.00 pm to 8.00 pm

### **Confessions**

On request

**Feast Days:** Wednesday 17 Ash Wednesday. Please note that Ash Wednesday is a day of fast and abstinence.

**19 February, the Friday after Ash Wednesday** is a Day of Prayer for those who have suffered abuse. As in recent years, we will keep this as a special day of prayer here in the Church in Scotland for all who have suffered abuse of whatever kind. The National Liturgy Commission will again prepare reflections and prayers for our use on that day.

Mass is being streamed live at 10.00am Monday to Saturday and at 9.30am on Sunday. Holy Hour will continue Thursday evenings at 7.00 pm online. Funeral Masses are allowed, but only up to 20 people can attend. Only 5 people can attend weddings. We can accept food donations and do food distribution. Any questions regarding Masses please telephone 07999 551680. All updates will be posted on the Parish Facebook page.

**SPRED:** Lorraine Cunningham will be leading weekly Novena prayers for the restoration of SPRED beginning on Tuesday 16 February at 7.00 pm and running for 9 consecutive weeks. These will be streamed live to the SPRED Motherwell Facebook page and will last 20 to 30 minutes.

**Special Tribute Edition of Flourish:** Below is a link to the to commemorate the life and ministry of the late Archbishop Philip Tartaglia.

<http://flourishnewspaper.co.uk/Flourish-Archbishop-Tartaglia-Tribute-2021.html>

Below is a link to an article in Vatican News with information that, starting this year, Pope Francis has established **a World Day for Grandparents and the Elderly** on the fourth Sunday of July, close to the liturgical memorial of Saints Joachim and Anne, the grandparents of Jesus.

<https://www.vaticannews.va/en/pope/news/2021-01/pope-establishes-world-day-for-grandparents-and-the-elderly.html>

**Mary's Meals:** The people of Tigray in Ethiopia urgently need our help. Due to brutal fighting in the region, frightened families have been forced to flee their homes and millions are living in fear of starvation. The region's capital, Mekelle, is being overwhelmed by displaced and traumatised people arriving every day. Many are unaccompanied children who have lost their parents. Mary's Meals really needs your help to continue this life-saving work. Please give if you can. See the Parish Facebook and Twitter pages for details on how to donate.

**The 2021 Lenten Programme** begins with the Online Lenten Retreat, '**Knowing Jesus**'. The daily readings, reflections, picture and music can be found by clicking [here](#). The online **Stations of the Cross from the Holy Land** starts on 19 Feb 2021, [Registration Form](#). The online **Holy Week Series 'From and in the Holy Land'**, starts on 28 March 2021, [Registration](#). Further details for the events on the Lenten Programme are available on the Parish Facebook and Twitter pages.

**Stations of the Cross** will be streamed live from our church every Thursday at 7pm. At 7.30pm we will have the Exposition of the Blessed Sacrament.

**Ecumenical Call to Prayer:** Attached is the Call to Prayer for this Sunday evening at 7.00 pm. A link to the prayer is also given below.

<https://www.churchofscotland.org.uk/news-and-events/news/2021/scottish-christians-join-together-in-prayer-this-sunday2>

**Centre for Carmelite Spirituality:** A three day online course (via Zoom) entitled **Prayer, Virtue and Discipleship: Keys to Pastoral Ministry** is starting on Monday 25 January and the two Mondays thereafter. The cost is £75 and information on how to register can be found on the Parish Facebook and Twitter pages.

### Act of Spiritual Communion

*My Jesus, I believe that You are in the Blessed Sacrament,  
I love You above all things, and I long for You in my soul.*

*Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.*

*As though You have already come,*

*I embrace You and unite myself entirely to You.*

*Never permit me to be separated from You. Amen.*

**Year of St Joseph:** With the Apostolic Letter "Patris corde" ("With a Father's Heart"), Pope Francis recalls the 150<sup>th</sup> anniversary of the declaration of Saint Joseph as Patron of the Universal Church. To mark the occasion, the Holy Father has proclaimed a "Year of Saint Joseph" from 8 December 2020 to 8 December 2021.

In our Parish we will be saying the following prayer to St Joseph during the whole year of St Joseph at the end of the morning Mass on Mondays.

*Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.*

*To you God entrusted his only Son;*

*in you Mary placed her trust;*

*with you Christ became man.*

*Blessed Joseph, to us too,*

*show yourself a father*

*and guide us in the path of life.*

*Obtain for us grace, mercy, and courage,*

*and defend us from every evil. Amen.*