

**Lenten Studies:** This year our Lenten Bible study will begin on Friday 19 February from 11.00 am to 12.00 noon. The zoom link and sign in code will be posted in next week's Bulletin and on our Facebook and Twitter pages. Help will be on hand at the first meeting for all those not familiar with zoom.

**Third World Group Ash Wednesday Appeal:** As the churches are closed, the annual appeal for funds to send to the two sisters in Africa who depend on our help, will hopefully reach you and any contacts you have not online. Donations can be made directly to the St Brides Third World Group Bank Account at: The Bank of Scotland, Sort Code: 80 06 64, Account No: 00873793. Money and cheques can be handed in to the Chapel House marking the envelope 'Ash Wednesday'. All donations will be a lifeline to our local Salesian sister Eleanor Gibson in Nairobi for the women and street children, and to Franciscan Missionary Sister Eunice who is in Mutare Zimbabwe helping youth projects, and running a basic home for abandoned elderly people. We know this is a difficult time for everyone, but we also know we can depend on your generosity as always. Bless you.

**A Post Covid Church:** The Diocese is hosting a series of three Zoom meetings to share our experience of and hopes for the Church in light of the present health emergency. Please see the Parish Facebook and Twitter pages for further information.

**Club 200:** This week's £60 winner is **Michael Kenny**. Please contact Fr Rafal for details on how to collect your cheque.

The Current Parish Loan stands at £295,449.34.

**Anniversaries:** Doreen Warren, Margaret Tollan, Robert & Evelyn Morrison, William Kirk, Margaret Kirk.

**Recently Dead:** John Purves.

*May their souls and the souls of all the faithful departed,  
through the mercy of God, rest in peace. Amen.*



## **St Bride's RC Church East Kilbride**

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**Sunday 7 February 2021**

**5<sup>th</sup> Sunday – Year B**



### **Masses**

Monday - Saturday 10.00 am

Saturday 6.00 pm Vigil Mass

Sunday 9.30 am, 11.30 am and 6.00 pm.

### **Holy Hour**

Thursday evenings 7.00 pm to 8.00 pm

### **Confessions**

On request

**Feast Days:** Wednesday 10 February, *St Scholastica*.

**19 February, the Friday after Ash Wednesday** is a Day of Prayer for those who have suffered abuse. As in recent years, we will keep this as a special day of prayer here in the Church in Scotland for all who have suffered abuse of whatever kind. The National Liturgy Commission will again prepare reflections and prayers for our use on that day.

Mass is being streamed live at 10.00am Monday to Saturday and at 9.30am on Sunday. Holy Hour will continue Thursday evenings at 7.00 pm online. Funeral Masses are allowed, but only up to 20 people can attend. Only 5 people can attend weddings. We can accept food donations and do food distribution. Any questions regarding Masses please telephone 07999 551680. All updates will be posted on the Parish Facebook page.

**SPRED:** Lorraine Cunningham will be leading weekly Novena prayers for the restoration of SPRED beginning on Tuesday 16 February at 7.00 pm and running for 9 consecutive weeks. These will be streamed live to the SPRED Motherwell Facebook page and will last 20 to 30 minutes.

**Justice and Peace Scotland** is deeply saddened to learn of the death of Archbishop Phillip Tartaglia, Archbishop of Glasgow. Archbishop Phillip was a consistent advocate for the causes of justice and peace and was a vocal opponent of nuclear weapons and their presence on Scottish soil. *We pray today that he may enjoy his eternal rest safe in the arms of the Lord and we pray also for consolation for his family, friends and all who mourn his loss.* For the full Justice and Peace Notice please see the Parish Facebook page and Twitter.

Below is a link to an article in Vatican News with information that, starting this year, Pope Francis has established **a World Day for Grandparents and the Elderly** on the fourth Sunday of July, close to the liturgical memorial of Saints Joachim and Anne, the grandparents of Jesus. <https://www.vaticannews.va/en/pope/news/2021-01/pope-establishes-world-day-for-grandparents-and-the-elderly.html>

**Mary's Meals:** The people of Tigray in Ethiopia urgently need our help. Due to brutal fighting in the region, frightened families have been forced to flee their homes and millions are living in fear of starvation. The region's capital, Mekelle, is being overwhelmed by displaced and traumatised people arriving every day. Many are unaccompanied children who have lost their parents. Mary's Meals really needs your help to continue this life-saving work. Please give if you can. See the Parish Facebook and Twitter pages for details on how to donate.

**The 2021 Lenten Programme** begins with the Online Lenten Retreat, '**Knowing Jesus**'. The daily readings, reflections, picture and music can be found by clicking [here](#). The online **Stations of the Cross in the Holy Land** starts on 19 Feb 2021, [Registration Form](#). The online **Holy Week Series 'From and in the Holy Land'**, starts on 28 March 2021, [Registration](#). Further details for the events on the Lenten Programme are available on the Parish Facebook and Twitter pages.

**8 February: The International Day of Prayer and Awareness Against Human Trafficking.** It is celebrated on the feast of St. Josephine Bakhita. Let us pray for the victims and for those who work to end human trafficking. [preghieracontrotratta.org](http://preghieracontrotratta.org)

**Ecumenical Call to Prayer:** Attached is the Call to Prayer for this Sunday evening at 7.00 pm. A link to the prayer is also given below. <https://www.churchofscotland.org.uk/news-and-events/news/2021/join-the-kirk-in-prayer-this-sunday>

**Mary Queen of Scots: An Afterlife** is being presented on zoom by Dr Steven Reid of Glasgow University on 10 February. Places can be booked on the following link: <https://bit.ly/3ccZY4y>. Further details can be found on the Parish Facebook and Twitter pages.

**Centre for Carmelite Spirituality:** A three day online course (via Zoom) entitled **Prayer, Virtue and Discipleship: Keys to Pastoral Ministry** is starting on Monday 25 January and the two Mondays thereafter. The cost is £75 and information on how to register can be found on the Parish Facebook and Twitter pages.

### Act of Spiritual Communion

*My Jesus, I believe that You are in the Blessed Sacrament,  
I love You above all things, and I long for You in my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
As though You have already come,  
I embrace You and unite myself entirely to You.  
Never permit me to be separated from You. Amen.*

**Year of St Joseph:** With the Apostolic Letter "Patris corde" ("With a Father's Heart"), Pope Francis recalls the 150<sup>th</sup> anniversary of the declaration of Saint Joseph as Patron of the Universal Church. To mark the occasion, the Holy Father has proclaimed a "Year of Saint Joseph" from 8 December 2020 to 8 December 2021.

In our Parish we will be saying the following prayer to St Joseph during the whole year of St Joseph at the end of the morning Mass on Mondays.

*Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.*

*Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace, mercy, and courage,  
and defend us from every evil. Amen.*