



# SAINT BRIDE'S PARISH, EAST KILBRIDE

Bulletin for the Seventh Sunday  
of the Ordinary Season - 19<sup>th</sup> February 2023

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## THE SEASON OF LENT BEGINS ON WEDNESDAY

Wednesday of this week is Ash Wednesday and the beginning of Lent. The English word 'Lent' comes from the Anglo-Saxon *Lencten*, meaning 'spring'. The name in other languages, for example, Italian *Quaresima*, or Spanish *Cuaresma*, or French *Carême*, comes from the Latin *Quadragesima*, meaning 'a period of forty days'.



Remember man  
that you are  
dust and into  
dust you shall  
return.

In the Christian tradition, forty days refers to a time of penance, prayer and preparation; it is a reminder of the forty years Israel spent in the wilderness and of Christ's forty-day fast in preparation for his public ministry.

The development of Lent as a period of preparation for Easter began in the Third century with a preparatory fast before the celebration of the Easter Vigil. The length of this fast varied from place to place, but by the end of the Fourth century it was a definite period of forty days to be undertaken especially for those who were to be baptised at Easter.

Over the centuries, with the growing number of infant baptisms, and the separation of the Sacraments of Initiation (Baptism, Confirmation and Eucharist) which no longer took place all at once, the baptismal character of Lent was lost.

From around the Sixth century, the faithful began to sprinkle ashes on their foreheads at the start of the Lent, which was moved from a Sunday to the preceding Wednesday, so that there would be exactly forty days of fasting - reckoning Holy Saturday to be the last day of Lent. The Sundays of Lent, in those days, did not count!

The Second Vatican Council in the 1960s reinstated the double focus of the Season: baptism and penance. It also clearly defined the duration of Lent: Lent begins on Ash Wednesday and ends on the morning of Holy Thursday. So, Lent has six Sundays, 'Palm Sunday' being the sixth.

Please make the Season of Lent a holy time for yourselves and your families. Come out to the extra prayer times and liturgies in the Church. Fast from or give up something you enjoy doing. Give alms freely - your time, your energy, your talents - to help those less fortunate and in need.

Father McGachey

## SCHEDULE FOR SUNDAY, MONDAY AND TUESDAY OF THIS WEEK

HOLY MASS - Sundays: Vigil 4.30pm 9.30am with Children's Liturgy and 11.30am

CONFESSIONS - After 10am Mass on Saturday and after the Vigil Mass

EXPOSITION OF THE BLESSED SACRAMENT - Monday at 9.30am

HOLY ROSARY - Monday and Tuesday 9.40am

HOLY MASS - Monday and Tuesday 10am

NOVENA TO OUR LADY OF THE MIRACULOUS MEDAL - On Tuesday this week after Mass

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### ASH WEDNESDAY AT SAINT BRIDE'S

Church opens at 9am and closes after Evening Mass

Stations of the Cross 9.30am

Holy Mass with the Blessing and Distribution of Ashes  
10am

Blessing and Distribution of Ashes in Saint Kenneth's Primary School 11.30am

Holy Mass with the Blessing and Distribution of Ashes 7pm

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### ASH WEDNESDAY - DAY OF FAST AND ABSTINENCE WHAT DOES THIS MEAN?

Please remember that Ash Wednesday is a day of Fast and Abstinence, that is to say: all persons who are between 14 and 60 are bound to abstain from eating meat.

The law of fasting requires a Catholic between 18 and 60 to reduce the amount of food eaten from normal. The Church defines this as one meal a day, and two smaller meals, which if added together, would not exceed the main meal in quantity.

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### FROM THE THIRD WORLD GROUP - ASH WEDNESDAY APPEAL

The Third World Group is very much aware of the cost-of-living crisis and the terrible World disasters which inspire great charitable generosity. However, we are making our annual Appeal to help our own charities in Africa which depend on your generosity to carry on their work among the orphaned children and discarded old people. There will be a retiring collection after the Masses on Ash Wednesday. If you prefer to donate by bank transfer, our account is: ST Bride's Third World Group. Sort code: 80 06 64. Account Number: 00873793. Many thanks in advance for your generosity.

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### MY DAY BY DAY - A LENTEN JOURNEY OF PRAYER

Copies of *My day by day* are on sale at the back of Church. These pocket-size books, provide a short meditation and prayer for each day of Lent. They are ideal if you cannot attend Church during the weekdays of Lent and will help you focus your daily thoughts and prayers. Please consider buying one. They are priced £1.00 each. Place all monies in the wall-box marked 'Papers'.

We came across some small Catholic Truth Society publications titled *The Season of Lent*. Please help yourself.

My thanks to Frances and Marie McLaughlin for agreeing to look after the Stall.

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## NEW DIOCESAN MAGAZINE - AVAILABLE ON ASH WEDNESDAY

*Fontes*, is a new monthly magazine for the Diocese of Motherwell which launches this Ash Wednesday 22<sup>nd</sup> February 2023. Featuring news, events and features from parishes and schools around the Diocese, the monthly magazine will be available for FREE on the last weekend of every month.

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### ASH WEDNESDAY AND LENT IN THE ETERNAL CITY



For many centuries it was the custom to visit the most historical churches of Rome, known as the 'Stational Churches' - one each day during the Season of Lent. Reintroduced in the early 1970s by the staff and students of the North American College in Rome, each day around 300 English-speaking pilgrims gather for Mass at 7am in the designated Church.

On Ash Wednesday there two stational churches, connected by a Penitential Procession: the Benedictine Church of Sant'Anselmo and the Dominican Church of Santa Sabina both on the Aventine Hill. Pope Francis will say lead the Procession and offer this Mass. You will be

able to see these live from 3.30pm GMT on EWTN (Sky channel 589) or online at <https://www.comunicazione.va/en/servizi/live.html>.

If you want to see and read a little about each day's Stational Church, then visit the North American College website: <https://www.pnac.org/station-churches/stationchurch/>.

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### THE THREE DAYS AFTER ASH WEDNESDAY AT SAINT BRIDE'S

#### 23<sup>rd</sup> FEBRUARY - THURSDAY AFTER ASH WEDNESDAY

- 9am the Church opens and closes after the evening service
  - 9.30am Exposition of the Blessed Sacrament
  - 10am Holy Mass
  - 7pm Stations of the Cross and Holy Communion
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#### 24<sup>th</sup> FEBRUARY - FRIDAY AFTER ASH WEDNESDAY

- 6.45am the Church opens and closes after 10am Mass
  - 7am Holy Mass
  - 9.40am Stations of the Cross
  - 10am Holy Mass
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#### ▪ 25<sup>th</sup> FEBRUARY - SATURDAY AFTER ASH WEDNESDAY

- 9am the Church opens and closes after the evening Mass
  - 9.40am Stations of the Cross
  - 10am Holy Mass followed by Confessions
  - 4.30pm Vigil Mass for the First Sunday of Lent followed by Confessions
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## **CLUB 200**

This week's winner is Clare McNeill. Please collect your cheque from the sacristy.

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### **FROM THE PRO-LIFE PRAYER GROUP**

The annual forty days for life prayer vigil begins on Ash Wednesday. Please pray each day for the protection and the promotion of human life, from womb to tomb. If you can, please join us on a Wednesday morning after Mass for the Pro-Life Rosary, and unite yourself in praying for this important intention.

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### **CAN YOU HELP?**

One of our young parishioners, Gregor Williamson, is travelling to Lourdes at Easter as a helper with HCPT Group 23. Gregor will be selling raffle tickets (£1.00 per strip) to enable a child to take part in the pilgrimage. The tickets will be on sale after weekend Masses on the 25<sup>th</sup>/26<sup>th</sup> February. Please support this worthy cause if you can, a help a child have a wonderful experience in Lourdes.

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### **WEBSITE NEWS**

We have updated the 'Parish Life' page which can be found in the 'About Us' section of our website. Please have a look! My thanks to those parishioners who look after the website for all their hard work.

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### **FROM THE BEREAVEMENT GROUP**

Our next meeting will take place in the Parish Library on Monday 27<sup>th</sup> February at 7pm.

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### **DIOCESAN PILGRIMAGE TO LOURDES 2023**

The Diocesan Pilgrimage to Lourdes will take place from 14<sup>th</sup> to 21<sup>st</sup> July 2023, a total of 7 nights. Tangney Tours has arranged travel and accommodation for the Pilgrimage, flying from Edinburgh Airport, with costs ranging from £919 to £984, depending on hotel, and exclusive of single room supplement and insurance costs. Further information can be found on the Tangney Tours website via the undernoted link: [www.tangney-tours.com/pilgrimages/lourdes/diocese-of-motherwell](http://www.tangney-tours.com/pilgrimages/lourdes/diocese-of-motherwell).

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### **KILBRYDE HOSPICE UPCOMING EVENTS**

Are holding a Bingo Night on Friday 24<sup>th</sup> February in Our Lady of Lourdes Church Hall, East Kilbride. Doors open 7.30pm. Cost £5.00 per person. BYOB.

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### **WORLD DAY OF PRAYER 2023**

This year, the local ecumenical service will be held in the West Kirk at 2pm on Friday 3<sup>rd</sup> March. The material has been prepared by the women of Taiwan. Readers from the eight local congregations will take part. All welcome.

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### **A GENTLE REMINDER - ITEMS FOR THE BULLETIN**

Notices, as well as names, for inclusion in the Bulletin, should arrive by 3pm on a Thursday. Anything that arrives after that time will be included the following week's edition.

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# THE SEASON OF LENT AT SAINT BRIDE'S

## SUNDAY

Holy Mass 4.30pm (Saturday Vigil) followed by Confessions,  
9.30am with Children's Liturgy and 11.30am

6pm Stations of the Cross and Benediction of the Blessed Sacrament with organ

## MONDAY

6.45am the Church opens and closes at 4pm

7am Holy Mass

9.40am Stations of the Cross

10am Holy Mass

## TUESDAY

9am the Church opens and closes after the Evening Service

9.30am Exposition of the Blessed Sacrament

9.40am the Holy Rosary

10am Holy Mass followed by the Novena to Our Lady of the Miraculous Medal

7pm Stations of the Cross and Holy Communion

## WEDNESDAY

6.45am the Church opens and closes at 4pm

7am Holy Mass

9.40am Stations of the Cross

10am Holy Mass

Pro-life Rosary Wednesday after 10am Mass

## THURSDAY

9am the Church opens and closes after the Evening Service

9.30am Exposition of the Blessed Sacrament

10am Holy Mass

6.30pm Confessions

7pm Stations of the Cross and Holy Communion

## FRIDAY

6.45am the Church opens and closes after 10am Mass

7am Holy Mass

9.40am Stations of the Cross

10am Holy Mass

## SATURDAY

9am the Church opens and closes after the Vigil Mass

9.40am Stations of the Cross

10am Holy Mass followed by Confessions

4.30pm Vigil Mass of Sunday followed by Confessions

Please note that the Lenten Programme  
may be subject to change because of Funerals or Fabric Inspections  
- an up-to-date Programme will be published every Sunday

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### PLEASE REMEMBER THE FOLLOWING IN YOUR PRAYERS

**SICK** - Samantha Beach, Lorraine O'Donnell-Brown, Richard O'Donnell, Ray O'Donnell, Joanne Barrett (England), Brian McKenna, Eileen Biggins, Satya B Metha, Patricia McCormack, Helen Walton, Fiona Docherty, Margaret Deehan, Patricia Williamson, John Lang, Francis and John Reilly, Terry Cassidy, May McLaughlin, Theresa Fleetwood, Bailey Barnes, Liam Greig, Nicholas Oakes, Gillian Congdon, Liz Knight, Rita Baxter, Jean O'Neill, Ann Dillon (Dublin), Sarah Collins, John Thomson, Nora Houston, Liz Nicol, Patrick Gahagan, Malcolm Buchanan (New Zealand), Maureen Macrae, Kate Milligan, Drew and Monica McShane, Clare Keane.

**RECENTLY DEAD** - James McVittie, Betty Bissett, John Kennedy, Anne Marie Logan, Cecilia McDonald, Joanne Gillespie (McLaughlin), Margaret Szegi, Sister Margaret Mary (Dysart), Gerald Lanigan, Kevin McLaughlin.

**ANNIVERSARIES, MONTH'S MINDS AND BIRTHDAY REMEMBRANCES** - Mary McGowan, Gerry Kennedy, Margaret-Anne Kennedy, Eileen McGuigan, Cathie McGregor, Mary Roberts.

#### **FUNERALS**

James McVittie - Reception Thursday 2<sup>nd</sup> March 6pm. Requiem Mass Friday 3<sup>rd</sup> March 11am.

### WEEKLY OFFERINGS

For the week ending, 12<sup>th</sup> February, was £2498. This included the Basket Collection and Standing Orders in favour of the Parish. The current loan stands at £206,000. You may wish to make a one-off donation to the Parish or take out a Standing Order in favour of the Parish. Offerings can be made by Bank Transfer, the details of which are as follows:  
Stbrides, Sort Code 82-62-24, Account Number 40500017.

### SAINT VINCENT DE PAUL SOCIETY

If you wish to donate by Bank Transfer to Saint Vincent De Paul Society, the details are:  
SSVP, Sort Code 82 - 62 - 24, Account No. 20538417.