



SAINT BRIDE'S PARISH, EAST KILBRIDE

Bulletin for the Twenty-Eighth Sunday of the Ordinary
Season - 12th October 2025

LET NOTHING TROUBLE YOU...GOD ALONE SUFFICES

These words are taken from a prayer that was written on a bookmark, found among the possessions of the Spanish Carmelite nun, Saint Teresa of Avila (+1582), whose feast day falls on Wednesday this week. She was canonised in 1622, along with three compatriots: Ignatius Loyola (founder of the Jesuits), Francis Xavier (a Jesuit missionary), Isidore the Farmer (Patron of Madrid) and the Italian priest and founder of the Oratorians, Saint Philip Neri.

Teresa was born in 1515 in Avila, northwest of Spain. When she was seven, she ran away from home with her brother Rodrigo, in the hope of being martyred by the Moors; she said that this would allow her to see God face to face. Her mother died when she was fourteen, and she asked Our Lady's maternal protection. She entered the Carmelite Order, at the Convent of the Incarnation, when she was eighteen. For nearly twenty years, she lived a comfortable life, despite bouts of physical illness and spiritual dryness. In fact, she was often in two minds about whether to abandon the religious life.



However, in 1555, she experienced what she called a "second conversion". Teresa felt that in a large community of around 150 nuns (many of whom had their personal servants), the distractions were too many and made it impossible to cultivate a deep spiritual life. Teresa envisaged much smaller communities, of about 12 sisters, praying together, doing penance, observing strict enclosure and returning to the simplicity lived by the first Carmelites in the thirteenth century.

With the help of Saint John of the Cross, she founded her first reformed convent (called 'Discalced' [unshod] Carmelite) in Avila in 1562. The Carmelite Prior General approved her reforms and encouraged her to found more convents for women and men. The unreformed Carmelites (called the 'Calced' [shod]) resented her reforms; they even captured and imprisoned her friend and ally Saint John.

Teresa's writings include her bestselling autobiographical *Life*, as well as two mystical classics: *The Interior Castle* and *The Way of Perfection*, as well as many letters. Because she lived what she wrote, she is as popular with lay people as she is with religious and theologians. Her life and her achievements have earned her many titles - reformer, writer, foundress, doctor of the Church and saint - and these, together with her warm human personality, her wit and her single-minded courage, have made her one of the greatest women of all time. She had a profound devotion to Saint Joseph, whose popularity spread throughout the Church thanks to her efforts. Although her health was broken, Teresa continued her travels for reform and to found until her death in 1582. Her holy body rests above the high altar of the Carmelite church in Alba de Tormes, near Salamanca, Spain.

Let nothing disturb you, let nothing frighten you: All things pass. God never changes. Patience obtains all things. Whoever has God, lacks nothing. God alone suffices. *The Bookmark of Saint Teresa of Avila* **Father McGachey**

RETIRING COLLECTION TODAY

To support the work of the Catholic Education Commission after all Masses today.

PROBLEMS WITH PARISH TELEPHONE LINE

You may have noticed that we have been having major problems with the parish phone line – underground cables have worn away, and so the service has been intermittent at best. I am told that this is an historical problem, further complicated by the peculiarities of the Chapel House. But I am happy to say that the normal phone service has been restored.

HONOURING OUR LADY IN OCTOBER...MONTH OF THE ROSARY



On Monday evening at 7pm, we will have the second of our **October Devotions** in honour of Our Lady for the month of the Holy Rosary. We will offer our prayers this week for the special intention of peace.

The service will include: a Torchlight Procession, the recitation of the Rosary, the Litany of Loreto, the prayer to Saint Joseph for the Universal Church and Benediction of the Blessed Sacrament, accompanied with the organ and the use of incense. Please join us as we honour the Mother of God during this special month. On the Mondays of October, we will not recite the Rosary before 10am Mass, since it will be said in the evening, but have a quiet time of adoration of the Blessed Sacrament for personal prayer instead.

FATHER MARTIN

Father Martin is on pilgrimage in the Holy Land until Saturday of this week.

CALENDAR

Tuesday is the memorial of **Saint Callistus** (+223), Pope and Martyr. He was a Christian slave of Rome who became the guardian of the cemetery on the Appian Way. Elected pope, his charitable attitude toward repentant sinners incurred the wrath of rigorists, and he was martyred in the persecutions of Alexander Severus. **Wednesday** is the feast of **Saint Teresa of Avila** (+1588) – see front cover. On **Thursday** we remember **Saint Margaret Mary Alacoque** (+1690), to whom Our Lord revealed his Sacred Heart and made a series of promises for those who would keep the First Fridays. **Friday** is the memorial of **Saint Ignatius of Antioch** (+107), a disciple of Saint John the apostle, who was condemned to be killed by wild beasts in Rome. On his journey there in chains, he wrote seven letters to local churches, which provide us with a important snapshot of the Church of this day. **Saturday** is the feast of **Saint Luke**, evangelist and physician.

FROM THE CHILDREN'S LITURGY VOLUNTEERS

There will be no Liturgy today or next Sunday because of the school October break. We return on Sunday 26th October.

THE NEW NOVEMBER EDITION OF 'MY DAY BY DAY', AVAILABLE AT THE STALL - £1.00

200 CLUB WINNERS

This week's winner is Anne Wright. Please collect your cheque from the sacristy.



MASS FOR THE SICK - A WEEK ON THURSDAY

Our next Mass for the Sick, during which the Sacrament of anointing of the Sick, will be given to anyone who would wish to receive it, will take place on **Thursday 23rd October at 10am**. Remember that sickness is not only something which is visible, but it is also mental and spiritual. We invite you to join us for a light breakfast in the Parish Centre afterwards.

SOLEMNITY OF ALL SAINTS

Sunday 2nd November this year is the Solemnity of All Saints. The day remembers those men, women and children, of all times and places, who are now with God in heaven, including our family members and friends, and others whom we have known in this life.



THE COMMEMORATION OF THE FAITHFUL DEPARTED - ALL SOULS' DAY



Monday 3rd November is the Commemoration of the Faithful Departed, more commonly called 'All Souls' Day'. It is a day of prayer and remembrance for our departed loved ones. There will be a special Masses with incense and organ at 10am and at 7pm. I hope that many of you will come to pray for your dead relatives and friends. November Lists will be given out in two weeks' time.

FABRIC AND FINANCE

The repair of the fence at the side of the Chapel House is almost complete. It has been a long and complicated job. But one that has been very well done by a parishioner. We are very grateful! New carpet tiles will be laid in the sacristy on Wednesday 22nd October. After last weekend's bad weather, we have several small leaks in the hallway of the Chapel House and there has been some water ingress in the Hall. Hopefully these issues will be dealt with this week. Some of the paving stones and brick work at the ramps on Whitemoss Avenue need some remedial attention. This would have been done already, but there have been so many other demands on our resources this year. The cross in Sister Shiela's Garden has to be revarnished, and a new bench bought to replace the one that fell apart last year. All of this will be done in the Spring next year. Finally, in the light of the recent appeal, I have noticed that several of you have made one off donations to the parish online, or increased your standing order in favour of the parish. We have received several other donations of around £1,500. Sincere thanks for this - your support means so much to us.

PARISH CLUB 200

Thank you for your continued support of the Parish through the 200 Club. It is much appreciated! For those who pay the Club 200 subscriptions by cheque or cash, the subscriptions are due on the 1st October 2025. Envelopes with cash or cheques, can be handed into the sacristy. Please mark 'Club 200' and your name on the envelope.

FOODBANK UPDATE

Our next Foodbank Collection is on the 1st/2nd November. The items needed are: Christmas Biscuits/Pudding, Fray Bentos Pies. Cake mix. Chocolates. Thank you.

SAINT BRIDE'S PARISH - EAST KILBRIDE

CLERGY Rev. Dr. Francis G. McGachey, *Parish Priest*
Rev. Colm E. Martin, *Assistant Priest, High School and Hospital Chaplain*

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HALL BOOKINGS Contact Mrs Annemarie McMillan hall@sbek.org

BULLETIN NOTICES Contact Fr. McGachey or Fr. Martin or bulletin@sbek.org

ST VINCENT DE PAUL CONTACT NUMBER 07712 903732

PARISH SCHEDULE

HOLY MASS – Sundays: Vigil 4.30pm, 9.30am with Children's Liturgy and 11.30am **CONFESSIONS** – Saturday after 10am Mass; 4pm-4.20pm and after the Vigil Mass **ADORATION OF THE BLESSED SACRAMENT** – Monday-Friday at 9.15am

HOLY ROSARY – Monday-Saturday at 9.30am

HOLY MASS – Monday to Saturday 10am

NOVENA TO OUR LADY OF THE MIRACULOUS MEDAL – on Tuesdays after Mass

NOVENA TO SAINT MONICA – on Thursdays after Mass

THE CHURCH IS OPEN – Monday-Sunday 9am-6pm

PLEASE REMEMBER THE FOLLOWING PEOPLE IN YOUR PRAYERS

SICK - Monica McShane, Mary Easton, Mary Connor (Canada), Margaret Rose McMahon, Richard O'Donnell, Owen O'Donnell, Jean Lafferty, Frank Kirk, Mary O'Brien, Margaret Murphy, Brian Ewing, Alan MacDonald, Jan Milligan, Catherine McLean, Nessie McFadyen, Noreen Lockhart, Margaret Hannigan, Patricia Carey, Anne McDowell, Paul McCartney, Kevin McCann, Gayle Cochrean, Merisa Todd, James McLean, Elizabeth Kyle, Thomas Quinn, Chris McElroy, Danny McCash, Theresa Tierney, Paul Ellis, Colette Roxburgh, John Paul Quinn, John Saroli, Lizann O'Hare, Susan and Robin Topping, Arthur Connor (Canada), Thomas Finnigan (Prestwick), George Kelman.

RECENTLY DEAD - Gavin McGilveray, David Singer, Geraldine Finnon, Ellen Brown, Margaret Reilly, Gordon Smith, Nigel Robertson-Smith, Agnes McEwan.

ANNIVERSARIES, MONTHS MINDS AND BIRTHDAY REMEMBRANCES - Frank Downie, Helen and Peter Orsie, Ian Hunter, Norah Sanderson, Moncia Stachan, Alan Moodie, Johnny McAlpine.

DEATHS

WEEKLY OFFERINGS

Sunday 5th October - £3,135. This Standing Orders in favour of the off donation to the Parish or take Parish. Offerings can be made by are as follows: St Brides Parish scanning the adjacent QR code. It page. If you pay Income Tax, you parish will receive a further 25 percent on the basis of the donation you give.



included the Basket Collection and Parish. You may wish to make a one-out a Standing Order in favour of the **Bank Transfer, the details of which 10246966 and 80-12-97** or by will take you to a secure web can Giftaid your offering - the