



SAINT BRIDE'S PARISH, EAST KILBRIDE

Bulletin for the Fifth Sunday of Lent - Passiontide - 6th April 2025

HOW TO MAKE A GOOD CONFESSION THIS LENT

Most of us learned how to go to Confession when we were in Primary Three at school, a few months before making our First Holy Communion. We were taught how to confess like children. Unfortunately, for most of us, this way of going to Confession have never changed!



Perhaps you have been away from Confession for a long time – maybe for a very long time. Or you may be a Catholic who goes to Confession frequently, but you find that you seem to be confessing the same sins time and time again. Often this can lead to discouragement and frustration. Pope Francis reminds us, that God “does not tire of forgiving. We are the ones who tire in asking for forgiveness.”

Some Catholics come to the Sacrament of Confession with fear or dread. Even for those who go regularly to Confession, it is difficult, and sometimes embarrassing, to admit that we have sinned and to name our sins.

The Church teaches us that we are obliged to confess all our Mortal sins. Mortal sin is grave sin, which breaks one of the Ten Commandments, and is committed with full knowledge and deliberate consent. Mortal sin *breaks* our relationship with God. Venial sin *weakens* our relationship with God.

Sometimes there can be a temptation to leave out a sin in Confession because we are particularly ashamed of it, or it is painful to name. If we do this, we hold onto it and we do not let the Lord forgive and heal us. Jesus wants us to walk away from Confession freed from our sins.

We should be careful never to approach the Sacrament of Confession without preparation. This coming Saturday we will provide a printed Examination of Conscience, an aid to help us make a good Confession. The secret to making a good Confession is to examine your conscience like an adult rather than a child.

Remember the priest cannot disclose what you have said in the Confessional to anyone. When we go to Confession, the following things happen:

- Make the sign of the Cross.
 - Say ‘Bless me Father, for I have sinned.’
 - Tell the priest how long it is since your last Confession. If you do not remember, say so.
 - Confess your sins – honestly and humbly – mention what you have done; leave out the good you have done...Confession is about saying sorry for the wrongs we have done.
 - The priest will give you some advice about how to make a new start.
 - He will ask you to make an Act of Contrition – there is one displayed in each confessional, so if you do not remember one, do not worry!
 - The priest will give you your penance, which is said when you leave the Confessional
- Make the sign of the Cross and leave. Remember to leave the door open for the next Penitent.

Father McGachey

CONFESSION TIMES NEXT SATURDAY

On Saturday the 12th of April, Saint Bride's will have a Lenten Quiet Day - we will have Exposition of the Blessed Sacrament, from the end of 10am Mass until the Vigil Mass.

There will be Confessions from 9.30am until 9.50am
Then Confessions all day from the end of 10am Mass until 4.20pm

There will be a number of visiting priests: -

9.30am-9.50am - Father Martin

10.30-12noon -Father Martin

We have a baptism at 12noon

12.30pm - 1.30pm Father Quinn

1.30pm-2.30pm Father Campbell

2.30pm-3.30pm - Father Romanus

3.30pm-4.20pm - Father McGachey

GIFT AID ENVELOPES

If you still have a Giftaid Form to return, please do so as soon as possible.

The new Giftaid envelopes are available from the Sacristy. Please go into collect them.

NEXT SUNDAY IS PALM SUNDAY

Palms will be blessed and carried in Procession at each of the Masses next weekend.

PALM SUNDAY EVENING

To mark the beginning of Holy Week, next Sunday there will be a special service of Stations of the Cross and Benediction of the Blessed Sacrament at 6pm.

READERS FOR PALM SUNDAY AND THE TRIDUUM

Copies of the new translation of the Passion for Palm Sunday and Good Friday, are available from the Sacristy today. If you are reading on either of these days, it is important to familiarise yourself with the new translation and new layout of the new publications beforehand. They are quite changed in comparison with the old version. Thank you.

HOLY WEEK WORSHIP SCHEDULE

Holy Week Schedule - copies of this are available at the entrances to the Church. Please take one and keep it in a safe place.

EASTER REMEMBRANCES

If you would like your dead relatives and friends to be remembered at the three Easter Masses at Saint Bride's, then please hand them in by Holy Thursday evening. We will offer these Masses for them, and their names will feature in the special Easter Sunday Bulletin.

CAN YOU HELP, PLEASE...?

Could you spare a couple of hours on the Wednesday of Holy Week to help me wash down the benches after 10am Mass? The Main Altar, Our Lady's Altar and the Baptismal Font are also in need of some elbow grease - would you help to wash these down? If you can, I would love to see you! It may be an idea to bring your own bucket since there does not seem to be enough to go round. Cloths and suitable detergents will be provided. My sincere thanks to the small group of ladies who keep the Church spick and span all year round for all their hard work.

RETIRING COLLECTION - NEXT SUNDAY

To help pay for the education of our future priests - the people who will serve you in Saint Bride's in the future. Please be generous, as you always are.

COACH TO MOTHERWELL CATHEDRAL FOR THE CHRISM MASS

There is a list at the side Noticeboard, opposite the Holy Water Vat, for anyone who would like to travel by coach to the Chrism Mass on Holy Thursday morning, 17th April. The coach will leave Saint Bride's Church at 10am (after Morning Prayer) for Mass at 11am. A donation for the coach is all that is necessary.

STALL

A selection of Easter Cards and Easter Mass Bouquet Cards are available from the Stall at the back of the Church. There is also a selection of statues, including the Sleeping Saint Joseph and Our Lady, Untier of Knots, Fridge Magnets, large and small candles, as well as First Communion and other gifts. Please have a look! If there is anything you would like and do not see, please speak to Marie or Frances. Copies of 'My day by day' for the Easter Season are on sale priced £1.00 each. Please place all monies in the wall-box marked 'Stall'. Please have a look!

FROM FATHER MARTIN...

Thank you for your generous support for our appeal for donations to pay training tops for Saint Andrew's and Saint Bride's High School Under 18s Boys Football to wear on the Cup Final Day at Hampden Park. The parishioners of Saint Bride's were very generous! I will offer Mass this week for the intentions of the donors.

THE ANNUAL NOVENA TO OUR LADY UNTIER OF KNOTS

Begins in Saint Bride's on Monday 28th April at 7pm, and continues for eight weeks. Please join us in making this powerful Novena. More details to follow.

NOTICE FROM THE FOOD BANK TEAM

This month's collection of 920 items and £1,270 in cash was outstanding. A big thank you to all who contributed from the Food Bank Team.

CLUB 200

This week's winner is F.J. McCabe. Please collect your cheque from the sacristy

SAINT BRIDE'S PARISH - EAST KILBRIDE

CLERGY Rev. Dr. Francis G. McGachey, *Parish Priest*
Rev. Colm E. Martin *Assistant Priest, High School Chaplain*

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HALL BOOKINGS Contact Mrs Annemarie McMillan hall@sbek.org

BULLETIN NOTICES Contact Fr. McGachey or Fr. Martin or bulletin@sbek.org

ST VINCENT DE PAUL CONTACT NUMBER 07712 903732

REMEMBER THE FOLLOWING PEOPLE IN YOUR PRAYERS

SICK - Clare (Storach) Keane, Monica McShane, Mary Easton, Mary Connor (Canada), Margaret Rose McMahan, Richard O'Donnell, Owen O'Donnell, Jean Lafferty, Frank Kirk, Mary O'Brien, Margaret Murphy, Brian Ewing, Alan MacDonald, Jan Milligan, Catherine McLean, Nessie McFadyen, Noreen Lockhart, Margaret Hannigan, Steven Russell, Patricia Carey, Anne McDowell, Paul McCartney, Kevin McCann, Gayle Cochrean, Merisa Todd, James McLean, Elizabeth Kyle, Thomas Quinn, Chris McElroy,

RECENTLY DEAD - Cathy Steele, Hugh Kelly, Ellen Malley, Pat Doohan, Agnes Welsh, Mrs Milligan, Megan Fellows, Monica Stewart, Daniel Pablo De Maroto.

ANNIVERSARIES, MONTH'S MINDS AND BIRTHDAY REMEMBRANCES - Alice Fraser, Bernard Phimister, Mary Campbell, Janice McNulty, Jasper Johnson, Catherine Hughes, Fred McAndlish.

FUNERALS

Hugh Kelly - Reception, Monday 14th April 6pm. Requiem Mass, Tuesday 15th April 12.30pm.

WEEKLY OFFERINGS

Sunday 30th March - £2865. This included the Basket Collection and Standing Orders in favour of the Parish. You may wish to or take out a Standing Order in made by Bank Transfer, the details Parish 10246966 and 80-12-97 or will take you to a secure web page. Giftaid your offering - the parish the basis of the donation you give.



make a one-off donation to the Parish favour of the Parish. Offerings can be of which are as follows: St Brides by scanning the adjacent QR code. It If you pay Income Tax, you can will receive a further 25 percent on